



Zeitplan 15. Harzer Läuferntag

19.04.2024 - Sportforum Wernigerode

Stellplatzzeit 10 min vorher!

2. Version

Stand: 18.04.24

| Frauen Senn. | WJ U20 | WJ U18 | WJ U16 W 14/15 | WJ U14 W 12/13 | WK U12 W 10/11 | | Männer Sen. | MJ U20 | MJ U18 | MJ U16 M 14/15 | MJ U14 M 12/13 | MK U12 M 10/11 |
|-----------------|--------|--------|-------------------|-------------------|-------------------|-------|----------------|--------|--------|-------------------|-------------------|-------------------|
| | | | | | 50 m | 16:00 | | | | | | 50 m |
| | | | | 75 m | Weit | 16:15 | | | | | 75 m | Weit |
| | | | | | | 16:30 | | | | | | |
| | | | | | | 16:45 | | | | | | |
| | | | | | | 17:00 | 100 m | 100 m | 100 m | 100 m | | |
| 100 m | 100 m | 100 m | 100 m | Weit | | 17:15 | | | | Weit | Weit | |
| | | | Weit | | | 17:30 | 200 m | 200 m | 200 m | | | |
| 200 m | 200 m | 200 m | | | | 17:40 | | | | | | |
| | Weit | Weit | | | | 17:45 | | Weit | Weit | | | |
| | | | | | | 18:00 | | | | 800 m | 800 m | 800 m |
| | | | 800 m | 800 m | 800 m | 18:10 | | | | | | |
| 800 m | 800 m | 800 m | | | | 18:25 | 800 m | 800 m | 800 m | | | |
| | 3000 m | 3000 m | 3000 m | 2000 m | | 18:45 | | 3000 m | 3000 m | 3000 m | 2000 m | |
| 5000 m | | | | | | 19:10 | 5000 m | | | | | |